



Racer Sportif/ Mattamy Homes “Make It Happen”

Charity Ride

May 25th 2014

Technical Guide

Sponsors

Racer Sportif



AQUILA

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Schedule:

Registration will open at 8:30 am

Please note there will be an additional \$10 fee for same day entries. WE encourage all riders to pre-register online (see below).

Distance	Start Time:
102km	10:00am
70km	10:10am

Registration:

- Online registration will be available at:
<http://www.ontariocycling.org/>
- Everyone on site will be required to fill out a waiver

Event Rules:

- No Littering! Please be respectful of the facilities and the roads
- Registration will close 15 minutes before the start of the ride
- On site registration payment is by cash only. No credit/debit cards will be accepted
- All riders must sign in and sign a release waiver at registration

Equipment Rules:

- Road bikes are strongly encouraged

- Riders will be issued numbers free of charge at sign in / registration
- Support vehicles will be following the ride for technical support
- Riders are required to wear hard-shell ANSI or SNELL approved bicycle helmets during the ride and warm-up
- The use of glass containers is strictly prohibited during the ride

Feeding:

- Riders should bring their own water and nutrition for the duration of the ride

Wheel Support:

- Wheel support will be available before and during the ride

Lightning Policy:

- If the ride must be stopped due to lightning, all participants are encouraged to seek appropriate shelter until it is safe to come out. If the ride must be cancelled, the entry fees will not be refunded.

Number Placement:

- Placed on the front of the handlebar

Medical:

- St John's Ambulance staff will be on site in the parking lot area near main entrance. Please seek their assistance in the event of any accident or injury.





Nearest Hospital:

Headwaters Health Care Centre

100 Rolling Hills Drive
 Orangeville, ON
 L9W 4X9
 519-941-2410

Headwaters Health Care Centre's is located at the intersection of Hwy 9 and Hwy 10 in Orangeville.

- **Directions from the Hockley Valley Resort**

- | | | |
|---|--|------------|
|  | 1 Start out going south on 3rd Line Ehs toward 5th Sideroad . | 4.9 k
m |
| <hr/> | | |
|  | 2 Turn right onto Highway 9/ON-9 . Continue to follow ON-9 . | 3.6 k
m |
| <hr/> | | |
|  | 3 Turn left onto Rolling Hills Dr . <ul style="list-style-type: none"> ◦ <i>Rolling Hills Dr is 0.8 kilometers past 1st Line Ehs</i> ◦ <i>If you reach ON-9 you've gone about 0.2 kilometers too far</i> | 0.2 k
m |
| <hr/> | | |
|  | 4 100 ROLLING HILLS DR is on the right . <ul style="list-style-type: none"> ◦ <i>Your destination is just past Murray Crt</i> ◦ <i>If you reach Joshua Rd you've gone a little too far</i> | |



Headwaters Health Care Centre
 100 Rolling Hills Dr,
 ORANGEVILLE, ON L9W4X9
 (519) 941-2410

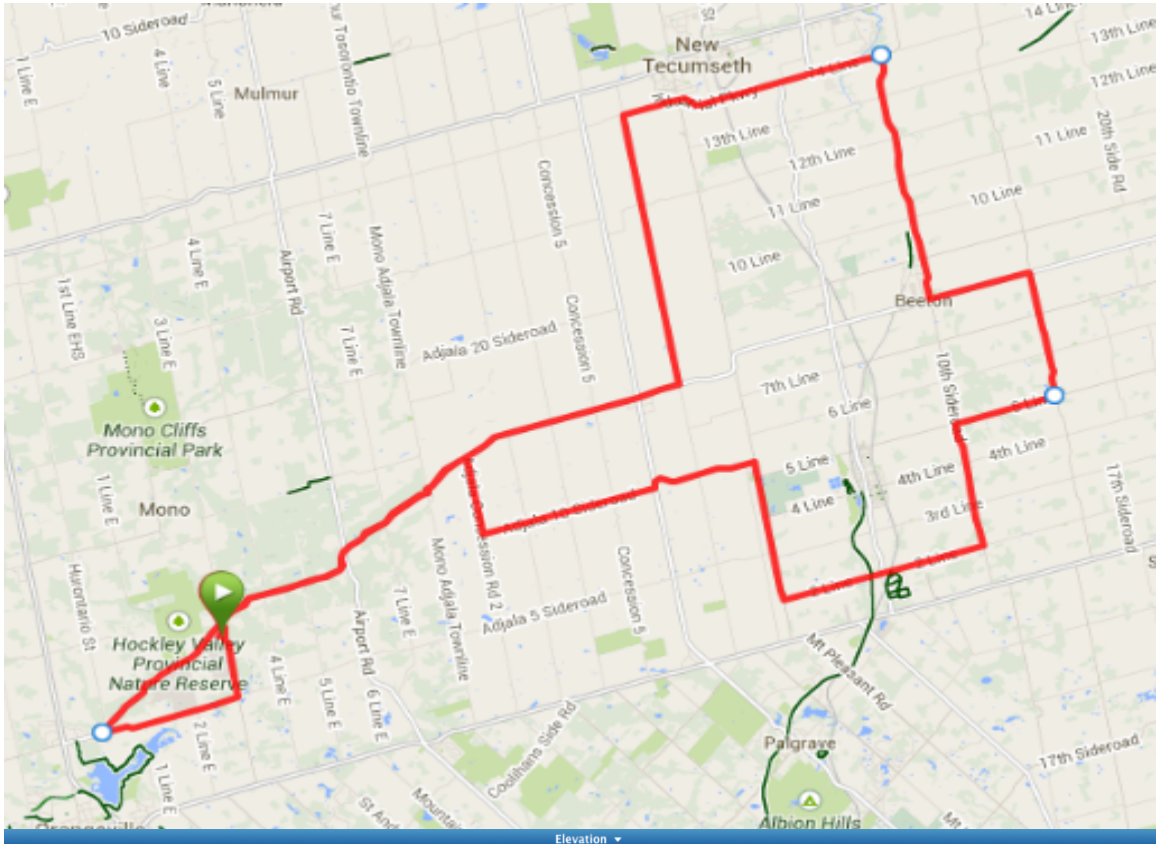
Contact Information:

Dennis Mizerski

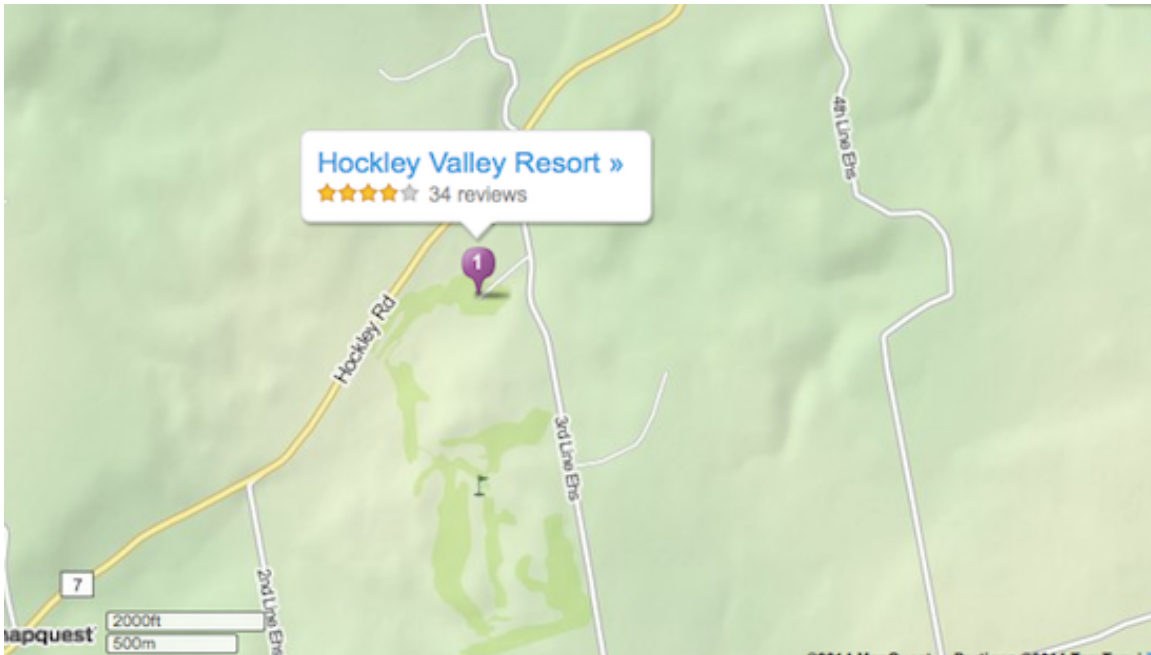
info@racersportif.com

416-763-7385

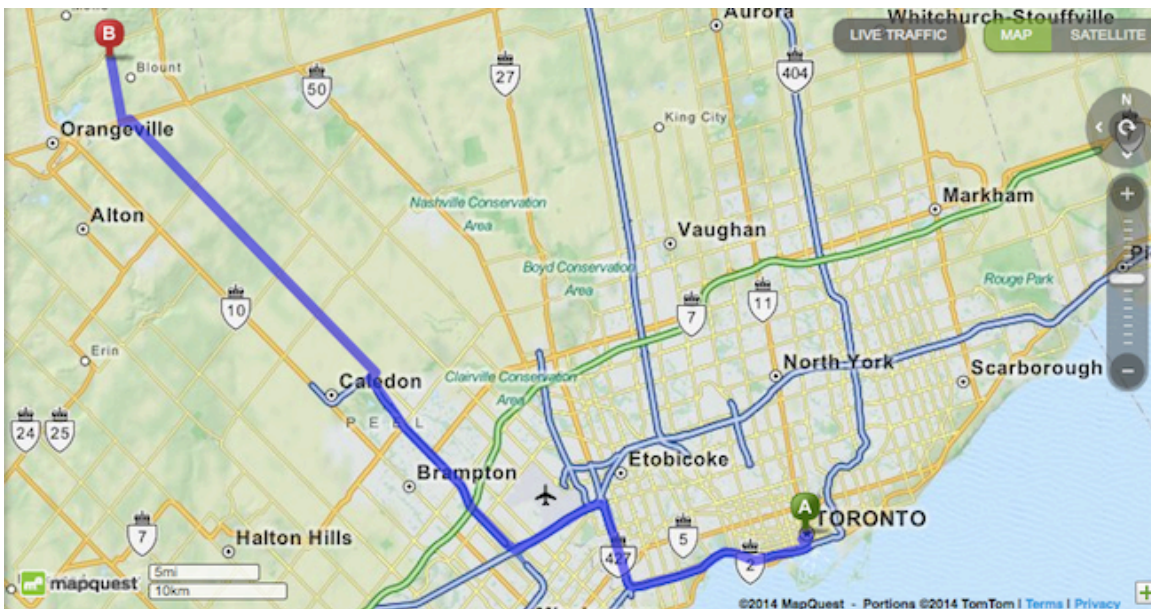
Course Description:















Distance: 102km
Elevation: 826m



From Toronto:



- | | | |
|---|---|---------|
| 5 | From west on Gardiner Expy W. | 10.9 km |
| 6 | Stay straight to go onto GARDINER EXPY (EXPRESS) W. | 2.3 km |
| 7 | GARDINER EXPY (EXPRESS) W becomes Gardiner Expy W. | 0.4 km |

	8 Merge onto ON-427 (EXPRESS) N via exit 139 toward ON-401 .	7.2 km
	9 Keep left to take ON-427 N toward ON-401 W .	1.0 km
	1 Take the ON-401 W exit on the left .	1.0 km
	1 Merge onto ON-401 (LOCAL) W/Macdonald Cartier Freeway W .	4.8 km
	1 Merge onto ON-410 N via exit 344 toward Brampton .	17.9 km
	1 Take the Mayfield Road exit, exit 18 .	0.7 km
	1 Turn right onto Regional Rd-14/Mayfield Rd .	0.6 km
	1 Turn left onto Dixie Rd . 5 ◦ <i>Universal BBQ Chicken is on the corner</i> ◦ <i>If you reach Bramalea Rd you've gone about 1.3 kilometers too far</i>	10.4 km
	1 Enter next roundabout and take the 2nd exit onto Horseshoe Hill Rd .	16.4 km
	1 Turn left onto Highway 9/ON-9 .	0.6 km
	1 Take the 1st right onto 3rd Line Ehs . 8 ◦ <i>If you are on Highway 9 and reach Test St you've gone about 0.3 kilometers too far</i>	4.9 km
	1 793522 3RD LINE EHS is on the left . 9 ◦ <i>If you reach Hockley Rd you've gone about 0.6 kilometers too far</i>	

Accommodations:

Hockley Valley Resort

793522 3rd Line EHS Mono,
ON L9W 5X7
Tel: 519-942-0754
Toll Free: 1-866-HOCKLEY (462-5539)
info@hockley.com