

The
Niagara Classic Road Race
Ontario Cup
ROAD SERIES

Technical Guide

Sunday May 20, 2012

Pelham, Ontario, Canada



On-line event registration available at <http://www.ontariocycling.org/>

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Schedule

| Category | Registration | Start Time | Distance | Laps |
|---|-----------------|------------|-----------------------|-------|
| Master 3 Men Elite 4 Men | 7:15 – 8:00 am | 8:30 am | 61.5 km | 5 |
| U17 Women U19 Women Elite 3 Women Master Women | 7:15 – 8:00 am | 8:35 am | 49.2 km | 4 |
| U19 Men Elite 3 Men | 9:45 – 10:30 am | 11:00 am | 73.8 km | 6* |
| Master 2 Men | 9:45 – 10:30 am | 11:05 am | 73.8 km | 6* |
| Elite 1/2 Women | 9:45 – 10:30 am | 11:07 am | Approximately 2 Hours | |
| Elite 1/2 Men | 12:15 – 1:00 pm | 1:30 pm | 123 km | 10*** |
| Master 1 Men | 12:15 – 1:00 pm | 1:35 pm | 98.4 km | 8** |
| Sportif | 12:15 – 1:00 pm | 1:37 pm | 24.6 km | 2 |

*Feed zone is open only at start of 5th lap.

**Feed zone is open on laps 5, 6, and 7.

***Feed zone open on laps 5, 6, 7 and 8.

Note: Feed zone is located at the corner Tice Road at Effingham Street. See page 6.

Rider Licencing and Entry Fees

| Category | Entry Fee |
|-----------------|-----------|
| U17 Women | \$25 |
| U19 Women | \$25 |
| Elite 3 Women | \$55 |
| Master Women | \$55 |
| Elite 1/2 Women | \$55 |
| Sportif | \$35 |
| U19 Men | \$25 |
| Elite 4 Men | \$55 |
| Elite 3 Men | \$55 |
| Elite 1/2 Men | \$55 |
| Master 3 Men | \$55 |
| Master 2 Men | \$55 |
| Master 1 Men | \$55 |

NOTE: One-Day Permits are NOT available at Ontario Cup races.

NOTE: US riders will require a UCI International licence to participate in Ontario events.

This race is pre-registration only. Registration deadline is May 17, 2012 at midnight.

Registration opens at 7:30 AM and is located in the large barn at the top of Effingham Street and Tice Road.

Categories with less than 20 entrants may be combined.

Register on-line at <http://www.ontariocycling.org/>

Citizen permit holders can upgrade to Elite 4 Men, Elite 3 Women, Master 3 Men, and Master Women with a One-Event Citizen Permit Upgrade.

Number Placement



Rider number placement is rear left and side left

Prizes

| Category | 1 st Place | 2 nd Place | 3 rd Place |
|-----------------|-----------------------|-----------------------|-----------------------|
| U19 Women | \$60 | \$50 | \$40 |
| Elite 3 Women | \$60 | \$50 | \$40 |
| Master Women | \$60 | \$50 | \$40 |
| Elite 1/2 Women | \$300 | \$150 | \$75 |
| U17 Women | \$50 | \$40 | \$30 |
| U19 Men | \$60 | \$50 | \$40 |
| Elite 4 Men | \$50 | \$40 | \$30 |
| Elite 3 Men | \$60 | \$50 | \$40 |
| Elite 1/2 Men | \$300 | \$150 | \$75 |
| Master 3 Men | \$50 | \$40 | \$30 |
| Master 2 Men | \$60 | \$50 | \$40 |
| Master 1 Men | \$200 | \$100 | \$50 |

Note: Prize amounts are estimates, actual prize money dependant on number of riders.

Prize list will be posted at registration.

King of the Hill

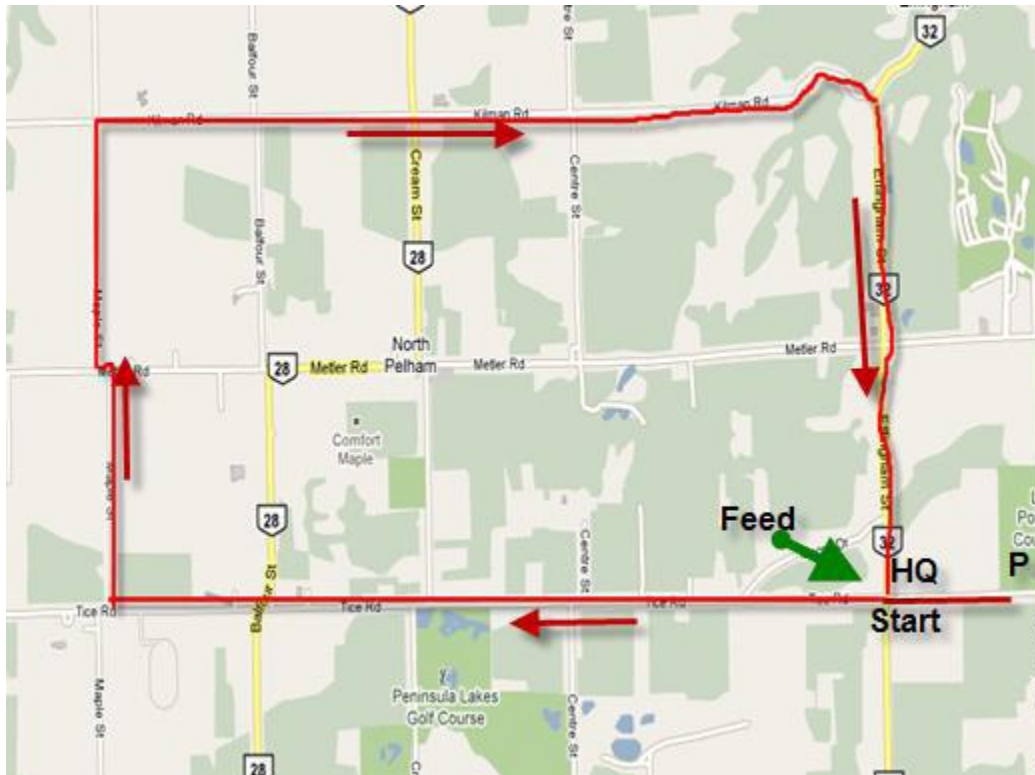
Points per lap: 1st 5 points
 2nd 3 Points
 3rd 1 Point

| Category | Laps | King of the Hill Laps | Prize Money |
|-----------------|------------|-----------------------|-------------|
| U 17 Women | 4 | 1,2,3 | \$35 |
| U19 Women | 4 | 1,2,3 | \$50 |
| Elite 3 Women | 4 | 1,2,3 | \$50 |
| Master Women | 4 | 1,2,3 | \$50 |
| Elite 1/2 Women | Timed Race | 2,3 | \$75/\$50 |
| U19 Men | 6 | 1,3,5 | \$50 |
| Elite 4 Men | 5 | 2,3,4 | \$50 |
| Elite 3 Men | 6 | 1,3,5 | \$50 |
| Elite 1/2 Men | 10 | 2,4,6,8 | \$100/\$75 |
| Master 3 Men | 5 | 2,3,4 | \$50 |
| Master 2 Men | 6 | 1,3,5 | \$50 |
| Master 1 Men | 8 | 3,5,7 | \$75 |

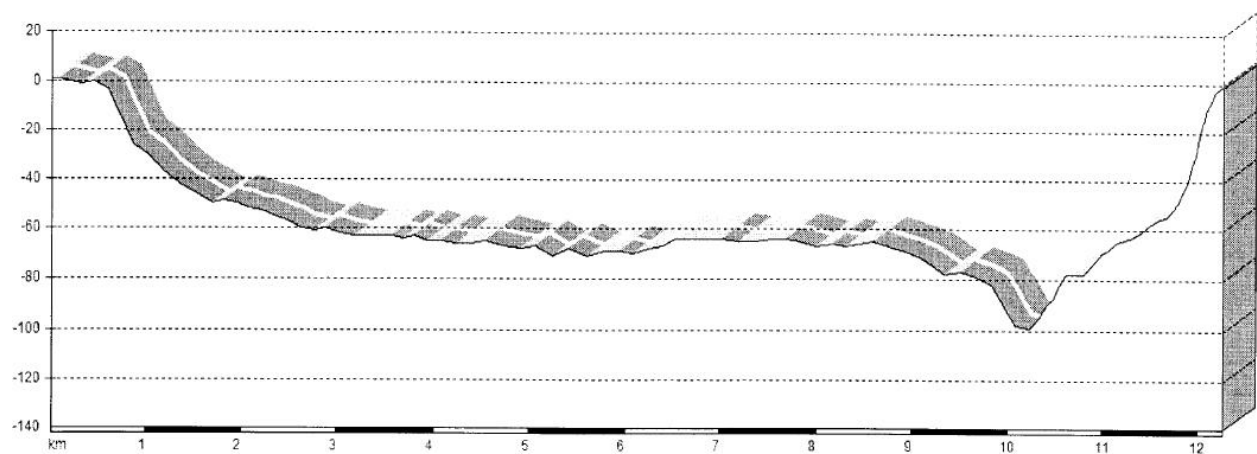
Note: There are no ties in King of the Hill. Tiebreaker is best position on final lap.

Course Maps

The course is a 12.3km circuit and contains 254m of climbing.



Course Profile



Staging Area

Riders about to race are encouraged to approach the start line in a safe manner. There will be a police officer/car near the start location. Wheel drop location will be at the East side of the house 20 minutes prior to the start of the race.



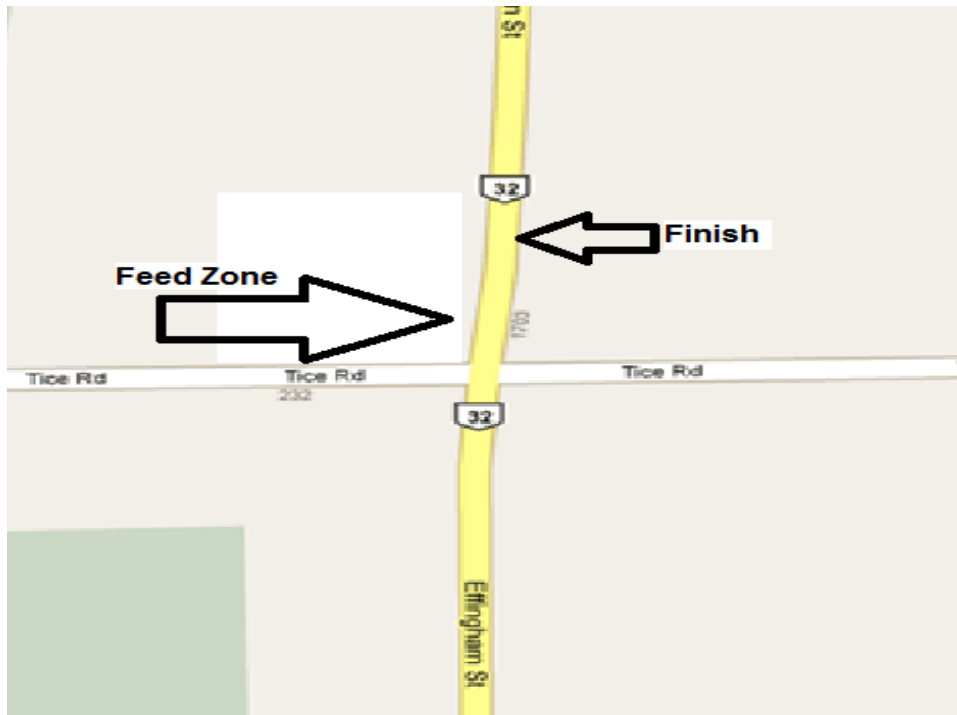
Parking



Organizers are not responsible
for towed vehicles.

Parking on North side of Tice Road, 80m East of Effingham Street.
In the off-road parking lot – North side of Tice Road – **NO Parking at Lookout Point GC.**
Parking on East side of Lookout Street only.
Small parking area on Effingham Street
ABSOLUTELY NO PARKING ON THE COURSE ROUTE

Feed Zone



The feed zone will be located on the North side of Tice Road after the turn from Effingham.

Feeding must take place from the right side of the road.

Feed zone will be mark with "Feed Zone Start" and "Feed Zone End".

Feed zone is only open to the following Men categories: U19, Elite 3, Master 2, Elite 1/2 and Master 1.

See schedule on page 3 for feed zone laps.

Note: Rules regarding feeding may change based on conditions.

Warming Up

Warming up is not permitted on course while races are in progress.

Follow Tice Road East or Effingham Street South if you wish to warm up.

Obey all traffic rules and signage.

Road Closures

This course is **NOT** a closed course; however traffic will be closed from travelling down Effingham Street North at Tice Road to Metler Road.

Race Rules

- Yellow Line Rule will be strictly enforced. Riders will be required to stay to the right of the middle of the road on roads that do not have a yellow line
- The CCA/OCA rules are available online at: <http://www.ontariocycling.org/commissaires/commissaires-rules/>. The penalty scale of the OCA rulebook will apply.
- An OCA representative will be present at the race to assist with rider licensing issues. One-Event Racing Permits will not be available. There are no plans to sell UCI licenses on race day. Contact the OCA for more details.
- Sign in closes 30 minutes before each race. (See schedule for registration times)
- Citizen permit holders can upgrade to S4 Men, S3 Women, M3 Men, and Master Women with a One-Event Citizen Permit Upgrade.
- Races will start promptly at the indicated start times.
- Team vehicles will not be permitted on the course for any event. Only race organization vehicles are allowed on the race course during competition. All other vehicles /team vehicles are not permitted to follow the races while in progress.
- Any rider dropping out of the race shall immediately notify a Commissaire. **Failure to report a DNF may result in a penalty.**
- For the road race, there are no free laps for mishaps (e.g. crashes and punctures). Riders suffering mishaps will be serviced from the service vehicles and must continue the race from the point of the mishap.
- In the event of a mishap, riders are strictly forbidden from drafting behind vehicles for lengthy periods in attempting to catch up to their group. Such drafting may result in disqualification.
- In cases where more than one group is on the course at the same time, riders must remain separate when overtaking or being overtaken by riders from other groups.
- Lapped riders may be pulled at the order of the Commissaires, either after being overtaken or just before being overtaken. Otherwise, lapped riders must remain separate, even when being overtaken by riders in their own category.
- Riders who are dropped from the main bunch must proceed at their own risk and shall always ride on the right side of the road with the flow of traffic.
- Radio communication is not permitted between riders and anyone else.
- All riders within a category will finish on the same lap. Therefore, lapped riders will complete fewer laps than the winner.
- The prize breakdown will be displayed at registration. Additional primes may be announced on the start line.
- Top 3 finishers are required to attend award presentations or risk forfeiting their awards. Top 3 finishers will wear clean competition uniforms for the presentation, and no hats or sunglasses.
- If you drop out of a race and do not report it to a Commissaire you will be considered DNF and will be assessed a penalty.
- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. There are no refunds if the race must be cancelled.
- Gear restrictions will be enforced for U19 riders
- All riders must sign on at registration.
- Citizen permit holders can upgrade to S4 Men, S3 Women, M3 Men, and Master Women with a One-Event Citizen Permit Upgrade.
- U.S. Domestic Licences will no longer be accepted at any Ontario events. US riders will require a UCI international licence to participate in any Ontario events. One-Event Permits not permitted at Ontario Cup events.
- All foreign licensed riders other than U.S. riders must produce a letter of permission from their country's federation.

Equipment Rules

- UCI Rule 1.3.018: Only wheel designs granted prior approval by the UCI may be used. Consult the list of approved non-traditional wheels at www.uci.ch/english/about/wheels.html
- Only standard handlebars are permitted. Handlebar extensions, including time-trial bar extensions or other types of tri-bars, are not permitted.
- Only bicycles conforming to UCI rules 1.3.001 - 1.3.024 are permitted for use.
- Riders are required to wear jerseys corresponding to the club or team printed on their licence. Independent riders are required to wear plain-coloured jerseys with no significant logos, team names or advertising displayed on them. Sportif riders are exempt from this rule.
- Sleeveless jerseys are not permitted.
- Riders will be issued numbers free of charge at sign in / registration, please ensure they are positioned as per the "Number Placement" section of this document. Numbers do not need to be returned.
- Neutral service vehicles will be supplied by the organization and assigned to follow every race. Riders are encouraged to bring their own spare wheels to be placed in the service vehicles before the start of their race. Wheels must be clearly marked with the rider's number or with the rider's team name if it is intended for use by any member of a particular team. Although efforts will be made to provide a rider's own spare wheels in the event of a mishap, in the interests of servicing a rider quickly, service vehicles may supply wheels at random. The organization is not responsible for damage to wheels, even resulting from use by other riders.
- Per CCA rule 1.3.031 N) At all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets a recognized cycling standard for the specific discipline. Riders shall provide documented proof of this, such as a manufacturer's label, upon request by event officials.
- Gear restrictions will be in effect for Junior and Under-17 categories, plus Under-19 Senior 1&2 riders.
- Sportif riders will not have any gear restrictions.
- The use of glass containers is strictly prohibited during the race.

Podium Protocol

- Competition wear
- No jeans, sunglasses, hats
- Second place is on the right hand side of first place (on left side from photo perspective)
- Presentations take place shortly after the top 3 riders have finished the race
- Riders must attend presentations or they forfeit their awards

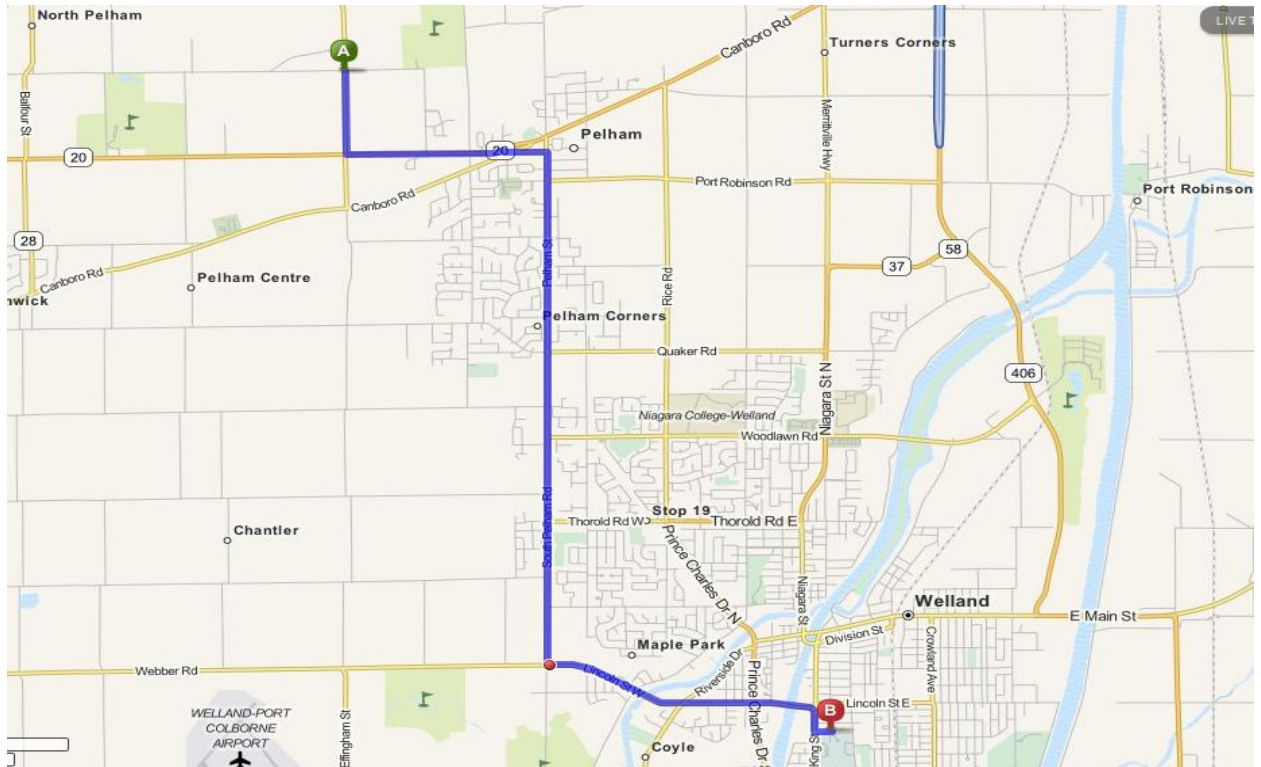
Note: Podium will be located between the house and the barn at the top of Effingham Hill.

Medical and First Aid

St. John's Ambulance or equivalent EMS staff will be on site at the Start/Finish area.

Directions to the Welland County Hospital:

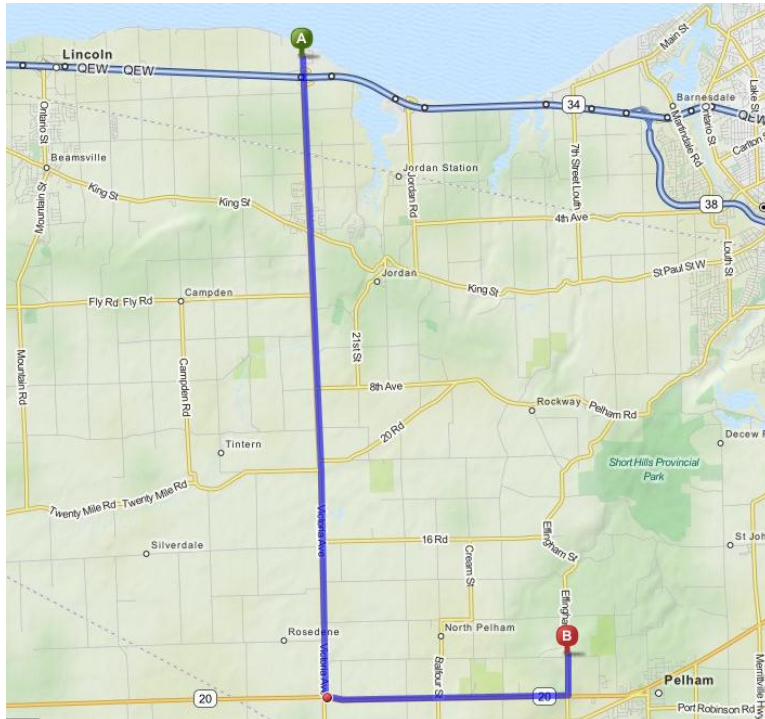
- Follow Highway 20 East to South Pelham Road
- Turn south on South Pelham Street (Pelham Street turns into South Pelham Road), continue to Webber Road
- Turn east on Webber Road into Welland. Webber Road becomes Lincoln Street
- Continue east on Lincoln Street to King Street (cross over old Welland Canal)
- Turn South on King Street
- Turn East on 3rd Street and the Address is 65 3rd Street



Directions

From Toronto/Hamilton:

- Take QEW towards Niagara, Exit at Vitoria Ave. South.
- Continue on Vitoria Ave. (Rd.24) for approximately 15km
- Turn left onto Road 20. For approximately 6.5km
- Turn left on to Effingham Street



From the United States (Fort Erie Crossing):

- Take the QEW towards Niagara Falls, Exit at Lundy's Lane, proceed West.
- Follow this road to Effingham Street and turn Right.

Accommodations

- Cherry Country B&B (1 km from start/finish) 461 Tice Rd, Pelham 905-892-651-3430
- Hipwell's Motel (1km from start/finish line) 299 Hwy 20W, Fonthill 905-892-3588

