



Ontario Cycling Association High Performance
Athlete Coaching Subsidy Program
Carding Criteria for *2011-2012*

Overview

The goal of the OCA High Performance Athlete Coaching Subsidy Program is to encourage professional coaching support for developing riders and to assist with these expenses. By directly subsidizing the coaches, the program also encourages coach development and professionalism.

The OCA will make payments of \$60.00/month for a NCCP Level 1/Comp A Coach, \$80.00/month for a NCCP level 2/Comp B Coach, and \$100.00/month for a NCCP level 3 or 4 Coach, directly to the coach of the athlete's choice in quarterly installments.

The coach and the athlete must submit quarterly reports to the OHPSI Head Coach. The coach must be at a minimum fully certified NCCP Level 1/Intro to Comp A Cycling coach.

If a coach is not fully certified and a course is available they must enroll in that course for the payments to be made for the remainder of the season.

The carding criteria outlines the performances to be achieved in order to be eligible for carded status for the following year. Having met the listed criteria does not guarantee an athlete a card. Rather, it makes the athlete eligible for the High Performance Athlete Coaching Subsidy Program, and it remains the High Performance Committee's decision to card an athlete. Committee selection will determine the candidates nominated for carding.

Nationally carded, and Non Canadian UCI trade team, and Quest for Gold funded athletes are NOT eligible for OCA Athlete Coaching Subsidy support. The maximum number of years an athlete can be involved in the OCA Coaching Subsidy Program is five (5) years non-consecutively.

Participation in the High Performance Athlete Coaching Subsidy Program is not mandatory; an athlete may decline the assistance due to sponsorship commitments or for any other reason.

All athletes eligible for carding must have demonstrated adherence to the OCA athlete code of conduct. Any athlete who has shown behavior that is unsporting will not receive assistance.

The carding period will be November 1, 2011, to October 31, 2012, based upon results from the 2011 season. Those athletes who meet the eligibility requirements will be contacted early in October 2011, and a list of selected athletes will be posted to the OCA website upon confirmation from all selected athletes.

Criteria

For 2011-2012, 22 cards are available and should 22 athletes meet the criteria, the cards will be distributed as follows:

- Junior, Espoir, and Cadet (Second Year Only, 16 Years of age) category athletes will be given priority over the Elite category athletes, in the above order. The committee reserves up to 2 senior and 2 cadet cards for riders meeting 2 or more automatic criteria.
- Within a category athletes meeting automatic criteria are ranked higher than those meeting minimum.
- Criteria to be considered must be met within one discipline.
- In case of a “tie”, National Championships results take precedence over Provincial results.
- To ensure appropriate distribution there can be maximum of cards per category as below

	Road	XC	DH	Track
Maximum number of athletes	12	12	3	5

* Important Notes:

- For Road, BMX, Cross Country and Downhill a minimum 5 competitors must be present and the rider’s time must be within 10% of the winning time for the result to be considered.
(In exceptional cases this may be waived by discretion of the High Performance Committee)
- For Track events a minimum 5 competitors must be present and the rider’s time must be within 5% of the winning time for the result to be considered.
(In exceptional cases this may be waived by discretion of the High Performance Committee)
- A minimum of three provinces/territories and five riders must be represented at the starting line to be able to recognize a National Championship.
- Canada Summer Games results only count for the year of the Games
- Any O-CUP races that conflict with National championships (same discipline) will not be considered for carding purposes

Discipline	Automatic Eligibility One criterion must be met to be eligible	Minimum Eligibility Two criteria must be met to be eligible
Road Race Senior Women/Men	a) Provincial Champion b) O-Cup series winner c) Top 5 at National Championship	a) Win an O-cup b) Top 10 overall at National Championships, or top Ontario Rider c) Top 5 at Provincial Championship
Time Trial Senior Women/Men	a) Provincial Champion b) Top 5 at National Championship	
Road Race Espoir Women/Men	a) Top Espoir at Provincials b) O-Cup series winner c) Top 5 at National Championship or Top Ontario Espoir d) Represent Canada at World Championships	a) Win an O-cup b) Top 10 Espoir at National Championships, or top Ontario Espoir Rider c) O-Cup series winner d) Top 5 Espoir at Provincial Championships
Time Trial	a) Top Espoir at Provincials	

Espoir Women/Men	b) Top 5 at National Championship c) Represent Canada at World Championships	
Road Junior Women/Men	a) Provincial Champion b) O-Cup series winner c) Top 5 at National Championship d) Represent Canada at World Championships	a) Win an O-cup b) Top 10 overall at National Championships or top Ontario Rider c) Top 5 at Provincial Championships
Time Trial Junior Women/Men	a) Provincial Champion b) Top 5 at National Championship c) Represent Canada at World Championships	
Road U17 (Cadet) Women/Men (Second Year Cadet Only)	a) Provincial Champion b) O-Cup series winner	a) Win an O-cup b) Top 3 at Provincial Championships
Time Trial U17 (Cadet) Women/Men (Second Year Cadet Only)	a) Provincial Champion	

Discipline	Automatic eligibility One criterion must be met to be eligible	Minimum eligibility Two criteria must be met to be eligible
MTB Cross Country Senior Elite Women/Men	a) Provincial Champion b) O-Cup series winner c) Top 5 at National Championship	a) Win an O-cup b) Top 10 overall at National Championships, or top Ontario Rider c) Top 5 at Provincial Championships
MTB Cross Country Espoir Women/Men	a) Top Espoir at Provincials b) Top Espoir of O-Cup series c) Top 5 Espoir at National Championships d) Represent Canada at World Championships	a) Win an O-cup b) Top 10 Espoir overall at National Championships, or top Ontario Espoir Rider c) Top 5 Espoir at Provincial Championships
MTB Cross Country Junior Expert Men	a) Provincial Champion b) O-Cup series winner c) Top 5 at National Championship d) Represent Canada at World Championships	a) Win an O-cup b) Top 10 overall at National Championships, or top Ontario Rider c) Top 5 at Provincial Championships
MTB Cross Country Junior Expert Women	a) Provincial Champion b) Top 5 at National Championship c) Represent Canada at World Championship	A) Win an O-cup b) Top 8 at National Championships c) Top 3 at Provincial Championships
MTB Cross Country U17 (Cadet) Expert Women/Men (Second Year Cadet Only)	a) Provincial Champion b) O-Cup series winner	a) Win an O-cup b) Top Ontario Rider at National Championships c) Top 3 at Provincial Championships

Discipline	Automatic eligibility One criterion must be met to be eligible	Minimum eligibility Two criteria must be met to be eligible
MTB Downhill Elite Women/Men	a) Provincial Champion b) Top 5 at National Championship c) O-Cup series winner	a) Win an O-cup b) Top 10 overall at National Championships c) Top 3 at Provincial Championships
MTB Downhill Junior Expert Men	a) Provincial Champion b) Top 5 at National Championship c) Represent Canada at World Championships d) O-Cup series winner	a) Win an O-cup b) Top 10 overall at National Championships c) Top 5 at Provincial Championships
MTB Downhill Junior Expert Women	a) Provincial Champion b) Top 3 at National Championship c) Represent Canada at World Championships d) O-Cup series winner	a) Win an O-cup b) Top 5 at National Championships* c) Top 3 at Provincial Championships
Discipline	Automatic eligibility One criterion must be met to be eligible	Minimum eligibility Two criteria must be met to be eligible
<u>Track</u> Sprint Elite/Junior Women/Men	Kilo Time Trial a) Top 3 at the National Championship b) (Junior) Represent Canada at World Championships	500m Time Trial a) Top 5 overall at the National Championships b) Provincial Champion
	Match Sprint a) Top 3 at the National Championship b) (Junior) Represent Canada at World Championships	Match Sprint a) Top 5 overall at the National Championships b) Provincial Champion
	Keirin a) Top 3 at the National Championship b) (Junior) Represent Canada at World Championships	Keirin a) Top 5 overall at National Championships b) Provincial Champion
Endurance Elite/Junior Women/Men	Individual Pursuit a) Top 3 at the National Championship b) (Junior) Represent Canada at World Championships	Individual Pursuit a) Top 5 overall at the National Championships b) Provincial Champion
	Omnium a) Top 3 at the National Championship	Omnium a) Top 5 overall at the National Championships b) Provincial Champion
	Points Race a) Top 3 at the National Championship b) (Junior) Represent Canada at World Championships	Points Race a) Top 5 overall at the National Championships b) Provincial Champion

Athlete Agreement

Please note that carded athletes must sign an athlete agreement that outlines the carded athletes' responsibilities. The following are examples of such responsibilities:

- They release their name, photo and image to the OCA for promotional purposes as a member of the OCA Provincial High Performance Program for that season. Athlete photos and profiles may be posted to the OCA website.

- They must sign the athlete agreement as per OCA code of conduct.
- Submit Quarterly Reports

Selected athletes will have until October 22nd, 2011 to accept or decline carding at which point it will be offered to a waiting list rider. Riders must realize that once declined they cannot be re-accepted if sponsor plans change. Athletes must be OCA licensed for the season to accept the carding. It is anticipated that carded athletes will be given priority to participate in OCA High Performance Projects for the season, as Team Ontario members. However, carded athletes must meet selection criteria for projects they are interested in attending.

The carding is for one year and carding will be revoked if at any point the athlete is found to be violating the requirements. These funds are to be used to subsidize coaching fees. These fees are not for event registration, equipment, travel, etc. Carding will be revoked if fees are used for other purposes. Improper use of funds may also suspend eligibility for future High Performance programs and projects.

Parental Agreement

Athletes selected for the carding program who are under the age of 18 must also submit a parental agreement. Parents are agreeing that they understand the terms and conditions of carding, and that these funds are to be used to subsidize coaching fees, and will be paid to the coach. These fees are not for event registration, equipment, travel, etc. Carding will be revoked if fees are used for other purposes. Improper use of funds may also suspend eligibility for future High Performance programs and projects.

Coaches Agreement

Identified coaches of selected athletes must be at a minimum fully **NCCP Level 1 Cycling certified/Intro Comp A** coach. The coach must be an **OCA licensed coach** for the period and be an Ontario resident. The coach must submit quarterly reports. All submissions by the coach will be held in the strictest confidence and cannot be used in any way in selection decisions. The Coach must sign a coach's agreement as per the OCA code of conduct.

These funds are to be used to subsidize coaching fees, and will be paid to the coach. Carding will be revoked if fees are used for other purposes. Improper use of funds may also suspend eligibility for future High Performance programs and projects. Improper use of funds will also suspend all coaching privileges and will include notification of the Coaching Association of Canada and the Canadian Professional Coaches Association; and suspension of the coach's eligibility for future High Performance programs and projects.

Failure to comply with these terms will result in a discontinuation of payments and will require reimbursement of all past payments for the carding period.