



2011 OCA Road High Performance Development Program – Selection Document

This criteria document outlines the performances to be achieved in order to be eligible for the 2011 Projects. Having met the listed criteria does not guarantee an athlete a spot. Rather, it makes the athlete eligible for the High Performance Program, and it remains the High Performance Committee's decision to invite an athlete

U-18 Endurance Monstercamp- Hardwood Ski and Bike, Oro, ON

Project: Team Ontario Mega Monster camp

Date: May 7-8, 2011

- Maximum 100 athletes
- Road, MTB and Track athletes welcome
- Athletes will be contacted after deadline regarding entry to camp
- Athletes must be aged 15/16/17 in 2011
- Only those U-15 Minime athletes invited are asked to apply
- Camp will consist of Road rides, MTB rides info sessions and games.

Head Coach will be Ontario MTB Coach, Mike Garrigan

Application form available - Please see www.ontariocycling.org

Pre Nationals Weekly Training Ride-Burlington, ON

Project: 3 Weekly Course Training rides

Date: June 7th, 14th and 21st

Time: TBD

- All Team Ontario riders welcome. Tier 1, 2, 3 and Non Carded plus invited athletes.

All interested riders must complete an expression of interest form, the expression of interest must be received by Mike Garrigan (provcoach@ontariocycling.org) no later than Friday May 27, 2011 at provcoach@ontariocycling.org or 647-567-1289

U23 Men and Women/Elite Women National Road Championships – Burlington ,ON

Project: U23/Elite National Road Championships – Burlington,ON

Date: June 23-26, 2011

Team Size: The maximum size: 14

Selection Date: June 13th, 2011

All interested riders must complete an expression of interest form, the expression of interest must be received by Mike Garrigan (provcoach@ontariocycling.org) no later than Tuesday May 31st, 2011 at provcoach@ontariocycling.org or 647-567-1289

Objectives:

- Win a medal or a podium performance
- To perform teamwork when possible to assist the teams goal towards medals.
- To have a positive presence for Team Ontario
- To secure spots in the National Team World Championship pool

Athlete benefits:

- Lodging
- Race support
- Mechanic

Selection Criteria:

U23 Men – 8 Athletes

Athlete selection will be as follows:

1. Team Ontario Tier 1-2 athletes (up to 3 athletes)
2. Top Athlete in the 2011 Ontario cup standings as of June 12 (or next best)
3. Winner of K-W Classic June 12, 2011 (or next best)
4. Committees choice – 3 positions
5. Up to two additional committees choice – if above positions decline

U23/Elite Development Women - 6 Athletes

1. Team Ontario Tier 1-2 athletes (up to 4 athletes)
2. Top U23 in the 2011 Ontario cup standings as of June 12 (or next best)
3. Committees choice
4. additional committees choice – if above positions decline

U19/ Junior National Road Championships – Burlington ,ON

Project: U19 Junior National Road Championships – Burlington,ON

Date: June 30- July 3rd, 2011

Team Size: The maximum size: 12

Selection Date: June 13th, 2011

All interested riders must complete an expressions of interest form, the expression of interest must be received by Mike Garrigan (provcoach@ontariocycling.org) no later than Tuesday May 31st, 2011 at provcoach@ontariocycling.org or 647-567-1289

Objectives:

- To perform teamwork when possible to assist the teams goal towards medals.
- To have a positive presence for Team Ontario
- To secure spots in the National Team World Championship pool

Athlete benefits:

- Lodging
- Race support
- Mechanic

Selection Criteria:

U19 Men – 8 Athletes

Athlete selection will be as follows:

1. Team Ontario Tier 1-2 athletes (1 athlete)
2. Team Ontario Tier 3 athletes (up to 2 athletes)
3. Top Athlete in the 2011 Ontario cup standings as of June 12 (or next best)
4. Winner of K-W Classic June 12, 2011 (or next best)
5. Committees choice – 3 positions
6. Up to two committees choice – If spots available

U19 Women - 4 Athletes

1. Team Ontario Tier 1-2
2. Top U19 in the 2011 Ontario cup standings as of June 12 (or next best)
3. Committees choice 2 spots available

Tour de l'Abitibi Coupe des Nations– U 19 UCI

Project: Tour de l'Abitibi Coupe des Nations– U 19 UCI

Date: July 18-24, 2011

All interested riders must complete an expressions of interest form, the expression of interest must be received by Mike Garrigan (provcoach@ontariocycling.org) no later than Friday July 1st, 2011 at provcoach@ontariocycling.org or 647-567-1289

Selection Date: July 6, 2011

Cost: This is a partially funded project

Objectives:

- To place one rider in the top 10 in GC
- To win at least one stage
- To win one jersey – mountains, sprint, young rider or overall
- To secure spots in the National Team World Championship pool
- To provide an opportunity for riders to experience true teamwork
- To provide exposure to an International field
- To have a positive presence for Team Ontario

Selection Criteria*:

U19/Junior Men - 6 athletes

Athlete selection will be prioritized as follows:

1. Top Ontario finisher at the 2011 National Championships Road Race
2. Top Ontario finisher in the TT at the 2011 National Championships (or next best)
3. Top Ontario athlete overall in NRC events in 2011 (or next best)
4. Top Ontario athlete in the O-Cup series as of June 12, 2011 (or next best)
5. Committees choice – 2 spots available

*Riders wishing to make the Abitibi team are expected to race Nationals unless stated in expression of interest that a conflict exists.

Le Tour de Rimouski – U17

Project: Le Tour de Rimouski – U17 Project

Location: Rimouski, QC

Date: July 14th – 17th 2011 (depart July 12th)

All interested riders must complete an expression of interest form, the expression of interest must be received by Mike Garrigan (provcoach@ontariocycling.org) no later than Wednesday June 15th, 2011 at provcoach@ontariocycling.org or 647-567-1289

Selection Date: June 17, 2011

Cost: This is a partially funded project

Objectives:

- To place one rider in the top 3 in GC – men
- To place top 5 in the TTT
- To win at least one stage
- To win one jersey – mountains, sprinter overall
- To provide exposure to a National field.
- To have a positive presence for Team Ontario

Selection Criteria:

U17/Cadet Male 6 riders

1. Top placed rider in the O-Cup standings as of June 13, 2011
2. Winner of Bike the Bruce May 15, 2011 (or next best)
3. Winner of K-W Classic June 12, 2011 (or next best)
4. Committees choice – 3 spots available

Please click here for expression of interest form

