

Momentum Coaching Group Presents:

## **LA Velodrome Technical Sprint Camp**May 30-31

Instructed by MCG coaches Adam Duvendeck and Travis Smith, riders will learn the proper technical execution of both standing starts and flying 200m efforts on the LA Velodrome.

Apart from the excellent instruction from two top professionals, camp riders will also receive a DVD after the completion of the camp with video analysis of their performance. Be sure to sign up early, there is limited space to ensure individual attention on each athlete.

Cost: \$400

Includes: Track time, Coaching Fees, and Video analysis for 2 day camp

For more information please contact: momentumcoachinggroup@gmail.com